

2017 HALLOWEEN PUSH/PULL

OCTOBER 28, 2017

General Information

Date	October 28, 2017														
Location	Umberger Performance – 4573 Campbells Run Road – Pittsburgh, PA 15025														
Directors	Scott Umberger – scott@umbergerperformance.com – 412-523-0060 Andy Bosnyak – liftfordreams@gmail.com - 412-861-1824														
Entry Fees	ENTRY FEE PER LIFTER: Iron Man \$100. Bench or Deadlift ONLY \$75. Crossover \$30 per division. <u>No refunds for cancellations. If cancellation is due to injury or family emergency, we will credit the entry fee toward the next IPA event directed by Scott Umberger or Andy Bosnyak.</u>														
Divisions	There are 2 divisions: Amateur is a drug-tested division and a non-drug tested, Professional division. Drug testing is by urinalysis. <table><tr><td><u>DIVISIONS: Raw and Equipped</u></td><td><u>SUB-DIVISIONS:</u></td></tr><tr><td>• Open Professional</td><td>• Men</td><td>• Submaster</td></tr><tr><td>• Open Amateur</td><td>• Women</td><td>• Master (all age divisions)</td></tr><tr><td></td><td>• Teen</td><td>• Junior</td></tr><tr><td></td><td>• Police</td><td></td></tr></table>	<u>DIVISIONS: Raw and Equipped</u>	<u>SUB-DIVISIONS:</u>	• Open Professional	• Men	• Submaster	• Open Amateur	• Women	• Master (all age divisions)		• Teen	• Junior		• Police	
<u>DIVISIONS: Raw and Equipped</u>	<u>SUB-DIVISIONS:</u>														
• Open Professional	• Men	• Submaster													
• Open Amateur	• Women	• Master (all age divisions)													
	• Teen	• Junior													
	• Police														
Weight Classes	Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW														
Weigh-ins	<u>Lifters Meeting At 8:30 A.M.</u> <u>LIFTING BEGINS AT 9:00 A.M.</u> Friday, Oct 27: 9:00AM – 1:00PM and 6:00PM – 8:00PM Saturday, Oct 28: 7:30AM – 8:00AM														
Rules	International Powerlifting Association (IPA) rules apply. Equipment must meet IPA specifications. One-piece lifting suit must be worn. <i>For rules and regulations, visit the IPA website at www.IPAPOWER.com</i>														
Deadline	ENTRY DEADLINE IS OCTOBER 14, 2017. There is a \$25 late fee for all entries postmarked after October 14, 2017.														
IPA Registration	YOU MUST BE A MEMBER OF THE IPA TO COMPETE. THOSE WITHOUT ACTIVE MEMBERSHIPS THE DAY OF COMPETITION WILL NOT BE INCLUDED IN THE RESULTS. MEMBERSHIPS ARE NOT RETROACTIVE TO THE DATE OF COMPETITION. PLEASE PURCHASE YOUR IPA MEMBERSHIP IN ADVANCE OF WEIGH-INS. CARDS WILL NOT BE SOLD ON-SITE. GO TO WWW.IPAPOWER.COM, JOIN US TAB FOR A DOWNLOADABLE MEMBERSHIP APPLICATION OR SIGN UP ONLINE VIA PAYPAL.														

REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS OCTOBER 14, 2017!



PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a non-drug tested division. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

Amateur Division: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. It is a 100% Drug Free Division.

Lifters will be tested for anabolic steroids through the use of urinalysis. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

Raw Lifting: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

PROFESSIONAL

Weight Class	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850
123	1210	1089	984	904
132	1300	1170	1059	974
148	1450	1305	1185	1087
165	1580	1422	1298	1190
181	1692	1523	1396	1279
198	1780	1602	1471	1354
220	1875	1687	1551	1476
242	1940	1746	1607	1497
275	2000	1800	1654	1518
308	2040	1836	1728	1594

WOMEN'S DIVISIONS

PROFESSIONAL

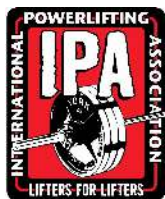
Weight Class	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
97	680	612	543	491
105	732	659	581	529
114	790	711	623	567
123	857	771	665	604
132	895	805	703	637
148	953	858	773	702
165	1027	924	853	759
181	1192	1073	895	815
198	1149	1034	960	871
198+ (SHW)	1260	1134	1012	918

SHW

2085 1876 1748 1614

*M - Master

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2017 HALLOWEEN PUSH/PULL OFFICIAL ENTRY FORM

OCTOBER 28, 2017

UMBERGER PERFORMANCE – 4573 Campbells Run Road, Pittsburgh, PA 15025

Umbergerperformance.com

Scott Umberger ~ 412-523-0060 ~ scott@umbergerperformance.com

Andy Bosnyak ~ 412-861-1824 ~ liftfordreams@gmail.com

Events: BENCH ONLY DEADLIFT ONLY IRONMAN

Gender: MALE FEMALE

Equipment: UNEQUIPPED EQUIPPED

Divisions: PROFESSIONAL AMATEUR

Sub-Divisions: Open Men Open Women Teen Junior Submaster Master Police

Weight Class _____ **IPA Expiration Date** _____

FEES: Entry Fee: Iron Man - \$100 Bench/Deadlift ONLY \$75 Crossover \$30 per Division
Spectator Fees: \$10 Coaches Fee: \$5

Name _____ Age _____ Birth Date _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

PAYMENT CHOICE: Check Money Order Visa Mastercard

Cardholder Name: _____ Card Number: _____

Cardholder Street Address: _____

City: _____ State: _____ Zip: _____

Exp. Month/Year: _____ 3-Digit CVC2 Security Number: _____

Payment must accompany entry form. No personal checks will be accepted after 10/14/17! Please make checks payable to Umberger Performance, 4573 Campbells Run Road, Pittsburgh, PA 15025.

RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA), **Scott Umberger, Andy Bosnyak and Umberger Performance**, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in the powerlifting competition sponsored by **Scott Umberger, Andy Bosnyak and Umberger Performance**.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the IPA will pay for the test. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant Date

Signature (in full) of parent or guardian if applicant Date
is under 21 years of age.

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